

JAMES COOK
HIGH SCHOOL

Puutake Tau 11

**He Mahinga Kainga Noho
Mohoao**

Home Learning Tasks for Year 11 Puutake Scholars

March 2021



Welcome to the Puutake Year 11 Activity Booklet



Read the following information carefully before making a start.

This booklet contains tasks for four learning areas. These are;

- Te Reo Māori
- Puutaiao
- Hauora
- Hakinakina

We are proud of you for making the effort to do some of this work as Home Learning – you're developing great work habits and taking positive steps to get better every day.

Congratulations on your excellent attitude.

Make sure you keep this booklet somewhere safe – and remember to bring in any completed work to your teachers when we return to school.



HAUORA

E Rangi konehoneho e tu ake nei, e Papaparearea e takoto nei, anei ra matou a korua takapuapua e tau whakati nei ki mua i o korua aroaro e whakamiiha atu ana mo ta korua arahi i a matou ki te puna o te maramatanga, kauparehia nga ahuatanga o rawaho e whakararuraru ana I te hunga noho ana i roto i te matakū o tenei taniwha kua muia i te whenua, hauperepere mai ra ki te kakahu o makeakea, hai tohutohu whakamihī, I te ao, I te po, i te po, i te ao haumie, huie taiki e.

Please learn the ancient karakia I have prepared for you. This will help nurture your wairua through these times;

POORAMO O TE ATA: acknowledgement to the morning star;

Muramura whetu i te ao, muramura whetu i te po

Tiaho whetu i te po, tiaho whetu i te ao

Muramura kau ake te tohu e korowaitia ana i te tainiinii, I te tainaanaa

Tirama kau ake nei te orokohanga te rangi e hou mai nei, e hou mai na

Timuramura ana ki runga ki raro, tomuramura ana ki roto ki waho

Temuramura ana ki maui, ki katau, tumuramura ki muri, ki mua

Ngaangaa nguunguu ana ano hoki i roto I te ngeengee me te ngoongoo

o te whenawhena o toku ao maori I te ao, o toku ao maori i te po

haupereperehia ki te korowai o te makeakeatanga oi oi e, taiki e

tuturu ki runga, tuturu ki raro tuturu a whiti whakamaui kia tina (tina)

haumie, uie e (taiki e)

POORAMO O TE POUPOUTANGA: acknowledgement to the midday sun:

E tama te whetu ki rangi konehunehu, e tama te whetu ki te rangi aniwaniwa

Tau mauri tau mai ra koe te mahana o taiwiiwii, o taiwaawaa

Pouherehere nei I a matou e tawharautia nei I raro I te korowai o te mahanatanga

Haukehekehe mai ra koe ki te ara whakamua e puta ai he hua kai mua I te aroaro

Tioro iho mai te whiti e whiti kau nei kia painaina mai matou ki te rongō

I te arohanui, I te aroharoa, I te aroha mutunga kore nohau,

E tama e, kakahuria mai matou ki te oranga o te whitinga mutungakore

Kia tauhiihi, kia tauhaa ki te whei ao ki te ao marama

Uhi, wero, taupae nei te tokio, haumie, uie e, taiki e...

POORAMO O TE PO KENEKENE: acknowledgement to the night sky

E te poo e, e te poo e, e te poo e uriuri mai, e te po e, e kenekene mai
Takaiho mai ai te kakahu o te po hai whakawatea mai ai te horapa mai
O te kino ki roto I toku ao whenahena e porearea ana i te uruhakautanga o toku orange
Poua hihiko nei te rangi ki runga ki raro, korowaitia te maui ki te katau
Haupterehia te muri ki te mua, kauparehia I nga rawaho katoa
E kaikino nei I toku iwi, engari arahi I a matou ki te puna o te maramatanga
Tukua mai te kakahu o te aroha Rangimarie, tukua mai te kakahu o te papamarie
E u ai te aru o taku waka ki te puna kai reira te haumarua hai orange mo toku whanau
I te pouriuri, I te po kenekene, hai hai te tii, hai hai te taa, uhio wero, tau mai te toki
Haumie, uie, taiki e.

POORAMO MO NGA HUA: acknowledgement to the sustenance of kai:

E Tane nui, te au kai, e Hine nui te au, nei ra matou wa korua takapuapua
E tau whakaiti nei ki mua I a korua aroaro e tuku whakamiiha atu ana mo nga hua me
Nga kai kua horaina ki te parae o te ora, paiherehere nei matou ki te ira atua
Ki te ira tangata, oi oi e, taiki e, haumie uie taiki e.

Again, please learn these karakia (Pooramo) throughout your time you are at home. They will assist with your wairua and well-being.

Here are some key kupu to consider:

TIAKI: Looking after yourself and family members in your home. The (ti) in the word meaning you personally or the receiver. The (aki) to encourage the behaviour to look after yourself and others.

MANAAKI: Taking care of others. (Mana) meaning you are the processor of your mana meaning again you are in charge on what your mana is capable of. The (aki) again in this matter is to encourage the behaviour of looking after yourself and others.

AWHINA: please be helpful in any way you can be. We practice this everyday so this should be natural however sometimes we need to be reminded in what that looks like now and then.

TAUTOKO: Support in any way possible at home and around the house. It might be as simple as picking up rubbish on the floor. Kia kaha ki te tautoko I te kainga.

No reira, ka nui tenei mo tenei wa, ko te tumanako ia, ka noho haumarua mai ai koutou ki o koutou kainga ka mutu ka noho me te kaha Awhina nei I te whanau kia mutu rano tenei tu ahuatanga kua pa mai ki runga I a tatou, haumie, uie taiki e.

PUUTAIAO

He Rauemi Aromatawai ā-roto

Paerewa Paetae Pūtaiao 91723: Te whakaatu māramatanga ki ētahi āhuratanga e pā ana ki a Ranginui

Te Kaupapa Ako: Pūtaiao 1.5A v1

Te Ingoa o te Rauemi: Ngā Pō o te Marama

Whiwhinga: 4

He Tohutohu mā te Ākongā

Te Horopaki

Hei tēnei ngohe aromatawai koe pūrongo ai mō ngā pō o te marama.

Me āta mātai e koe te mata o te Marama i roto i te āhua rima wiki, ka tuhi ai, ka whakaahua ai rānei i tāu i kite ai. Mutu ana tērā, me whakatauirā e koe te tūranga o Papatūānuku, te Marama, me Tamanuiterā i te ātea (mokowā) hei whakamārama i ō kitenga. Me whakatakoto e koe ō kitenga katoa ki tētahi pūrongo ā-tuhi.

11PT - Watch the moon phases over a period of 5 weeks, record, describe what you see. Give an example of where Papatūānuku, te Marama and Tamanuiterā are positioned to explain what you see, what creates the shadows, the alignment of the moon, sun and Earth. All your sightings will be used to write a report.

Ka aromatawaingia koe i runga i tō whakamahi i te reo matatini o te pūtaiao hei whakamārama i ētahi āhuratanga e pā ana ki ngā pō o te Marama, otirā ngā hononga mokowā e pāpā mai ana ki a Papatūānuku.

You will be assessed on the Science/Pūtaiao language and key words that you use in your descriptions.

- **Kua tukuna kē ngā pukapuka iti hei tuhi hei tautohu ētahi o ngā āhuratanga o te marama me te hononga ki a Papatūānuku**
- **(I have already handed out small red notebooks, alternatively use a 1b5 or refill paper for recording.) If you can access Google Docs, save it there so it's accessible when we return to kura.**
- **Tuhia te rā, te wā, te wāhi katahi ka whai i ngā tikanga o te aromatawai nei:**
- **Tikanga**
Ehara i te mea me mātakitaki rawa e koe te Marama i ia pō, inā hoki, tērā ka tūpono he pō e tōpuni ai te rangi. Heoi, me mātakitaki e koe i ētahi pō, ngā pō katoa rānei e takō ai te rangi, e kitea ai te roroku me te hua o te Marama, tae atu ki ngā pō Rākaunui, Whiro hoki, ā, hoki rawa atu ki a Rākaunui.

It is not a requirement to record every single night. You should observe some nights that are clear, when the moon is waning (fading/disappearing) and during a full moon (Rakaunui)

Hei Mahi

1. Āta mātaihia te Marama mō te āhua rima wiki, arā, mō ngā pō katoa o tētahi marama, neke tata atu rānei. Tāngia te āhua o te Marama me ngā pitopito kōrero e hāngai ana ki tō mahere. Ko ngā momo pitopito kōrero, ko:

- te wāhi/tūnga o te Marama i te rangi (tōna tata ki te kōmata o te rangi, ki te pae o te rangi rānei)
 - te āhua o te rangi, arā, he tāpōuri, he atarau, he tōpuni, he takō rānei
1. Mēnā e tōpuni ana te rangi, ā, kua whenumi te Marama, me titiro pea koe ki ēnei:
- Current moon phase – <http://edu.rasnz.org.nz/-4Rightnow/menu/Moon>
 - Te pūmanawa iPapa/iWaea e kīia nei ko Lunar Solaria. Whakamāramahia ngā āhuatanga e pā ana ki ngā pō o te marama, otirā ngā hononga mokowā e pāpā mai ana ki a Papatūānuku.

Hopefully you have been sent a copy of the moon phases and their names. If not you can access them online if you have internet access.

2. Whakatauirahia ki tētahi hoahoa, hanganga tauira, whitiata rānei.
Provide a graphic example

3. Whakaemihia ō mahi katoa ki tētahi kōpaki, arā, tō mahere me ō kōrero whakamārama, tae atu rā ki ngā kōrero hukihuki. Collate all your mahi into a folder including your draft areport about what you have observed. The phases, the alignment of the sun, earth and moon.

Kuputaka; Use these kupu to describe what you see. You can also access an online dictionary called 'Paekupu'. It will give you curriculum specific, subject related translations of words.

hukihuki – draft

hanganga tauira – physical model

kōmata o te rangi – zenith (highest point above the observer)

kōpaki/konae – folder/portfolio

pae o te rangi – horizon

rangi takō – clear sky

tōpuni – overcast, cloudy

whenumi – obscured

Kia kaha koutou, kia haumaruru hoki to koutou noho ki te kāinga.

Ngā mihi nā ngā kaiako katoa o Puutake

Taunakitanga: Pūtaiao 91723 Ngā Pō o te Marama

Taunakitanga mō te Paetae	Taunakitanga mō te Kaiaka	Taunakitanga mō te Kairangi
Ka whakamahi i te reo matatini o te pūtaiao hei tautohu i ētahi āhuatanga e pā ana ki ngā pō o te Marama me ngā hononga mokowā e pāpā mai ana ki a Papatūānuku.	Ka whakamahi i te reo matatini o te pūtaiao hei whakaahua i ētahi āhuatanga e pā ana ki ngā pō o te Marama me ngā hononga mokowā e pāpā mai ana ki a Papatūānuku.	Ka whakamahi i te reo matatini o te pūtaiao hei whakamārama i ētahi āhuatanga e pā ana ki ngā pō o te Marama me ngā hononga mokowā e pāpā mai ana ki a Papatūānuku.

TE REO MĀORI

Hei Mahi 1: He tohutohu Tao Kai

Tēnā koe e te ākongā,

Your current mahi is to create a recipe in Te Reo Māori.....

1. Select a dish/recipe that you have made or wish to make during lockdown.
2. List all the ingredients needed to make this dish.
3. Method/Procedure. Sequence the procedures you will take to making this dish/recipe.
4. All ingredients and procedures need to be presented in Te Reo Māori.
5. You must have 150 words or more for this piece of writing.

He Rārangi Kupu List of words for Recipe writing

1	Recipe	Tohutaka Tohutao Tohutohu tao kai
2	Ingredients	Ngā mea whakauru Kīnaki Kai
3	Method/Procedures	Ngā Tikanga Ngā Tukanga
4	Cooking Techniques	Tukanga Tao
5	Bake	Tunu-a
6	Boil	Kōhuna-ngia
7	Chill	Whakamātao-hia
8	Cook	Tao-hia/Tunu-a
9	Cut	Kotikoti-a
10	Dry	whakamaroke-hia
11	Fillet (a fish)	Hōripi-a
12	Fold carefully	Āta Pōkai-a
13	Freeze	whakatio-ngia
14	Fry	Parai-ngia
15	Grill	Rorerore-a

16	Marinate	Whakamara-ngia
17	Mix	Hanumi-a
18	Peel	Waru-a
19	Plate up (put on a plate)	Hora-hia /whakapaepae-hia/ whakapereti-hia
20	Poach	Āta kōhua-ngia
21	Saute	Parai poi-poi-hia
22	serve	Tuari-hia
23	Shuck (oyster)	Kōara-ngia
24	Slice	Tipi-a
25	steam	Korohū-tia
26	Temperature	Pāmahana
27	Wash	Horo-i-a
28	2 spoons of sugar (to start of these types of sentences you must use 'kia')	Kia rua (2) ngā pune huka
29	4 cups of flour	Kia whā (4) ngā kapu puehu pāraoa

Tēnā koe e te ākonga, choose one of the following kaupapa to write your second piece of writing for this assessment. Your writing must be of 150 words or more. I encourage students to write an interest piece on the effects that covid has had on our lives this year and the ongoing impacts it continues to have on tikanga and education. However, if you have something else you would like to do, then by all means karawhiau!! All writing submitted must be in Te Reo Māori.

Report

- Write an interesting report about an event you have attended/participated in. You might like to include details such as:
 - where, when and what the event was
 - your thoughts and opinions of the event
 - aspects of the event that stood out

Narrative

Write an imaginative story following the structure of a narrative with a setting, character/s, plot, conflict and resolution. Write about a problem and solution.

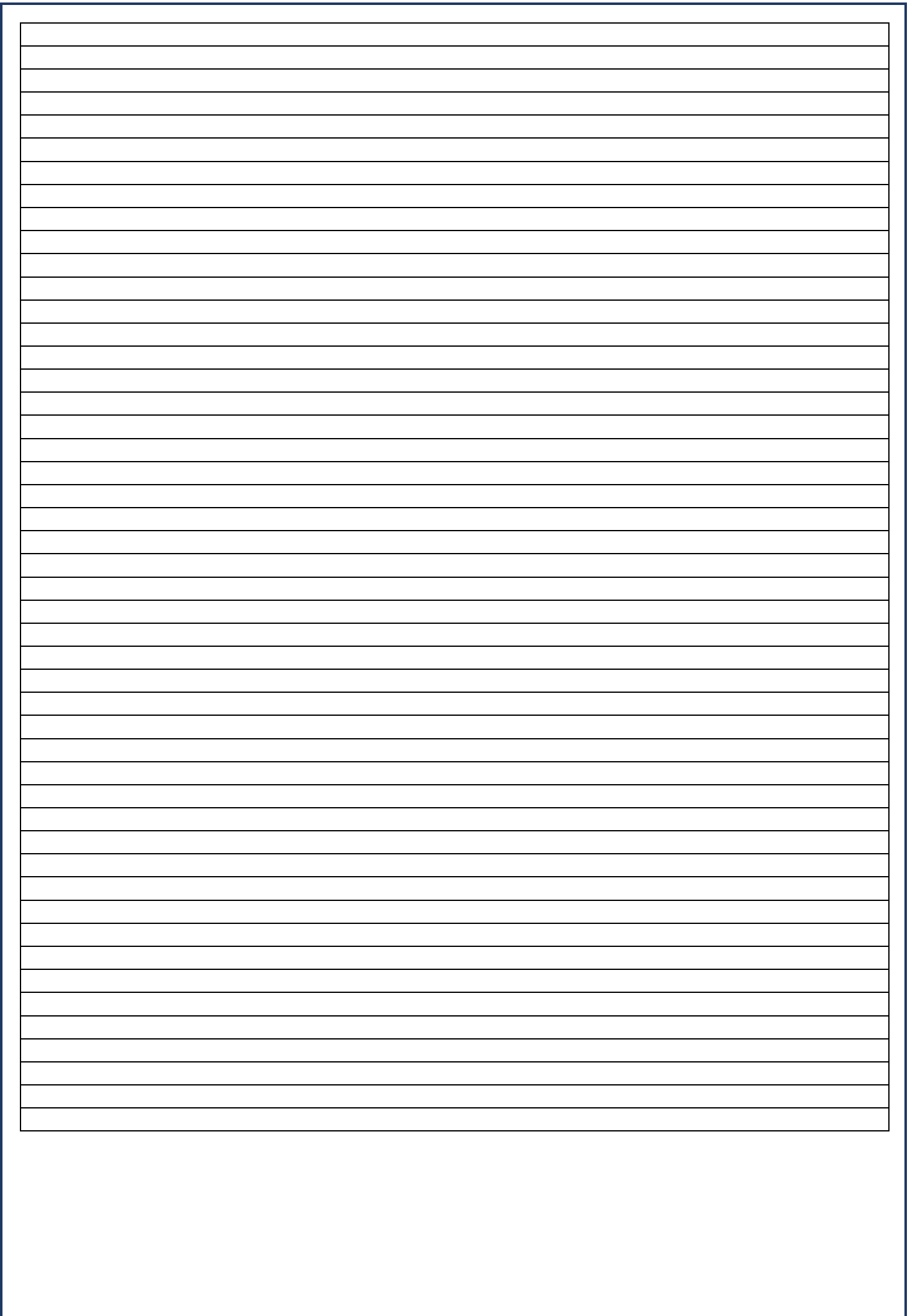
Write an informative or persuasion

Write a letter to the school Board of Trustees for proposing to make changes or additions to some part of the school.

- what the idea is, costs and equipment needed
- why you think the school should support the proposal, any similar change you know of

An interest piece

Write a piece of interest for our Puutake Year Book. It may be about a sport, a cultural event, an interesting issue or about a significant Kaiako in the wāhanga.



Resources to help construct some sentences and korero for your writing.....

MAKING SENTENCES WITH THESE STRUCTURES

Te wā (tense)	1 Tīmatanga (starter)	2 + kupu mahi (verb)	3 + tangata (person/thing)	4 + (joining word)	5 + (person/thing)
Present tense	Kei te	kōrero	ahau	ki	a (name of someone)
Present tense	E	tū ana	koe	ki te	papa
Future tense	Ka	hīkoi	koe	ki te	toa
Past tense	I	mutu	ia	i	tōna tuhinga
Only just happened	Kua	taka	rātou	i te	pōrō
Future tense	Katahi ka	tākaro	mātou	i te	pā whutupōrō
Future tense	Inā ka mutu	te mahi		ka	kai tātou

2. – Verbs (you can swap in/out)	
tuhituhi – write	ruku - dive
kōrero – speak/talk	kaukau - swim
rere - fly	rangahau – pursue/research
tītiro – look/see	waihanga – construct
hīkoi – walk	hui - gather
oma – run	kohi – collect
menemene - smile	hoko – buy/sell

3. Person/people/thing (swap in/out to make sentences)	
au – I/me	tātou – all of us
koe - you	koutou – all of you
ia – he/she	mātou – all of us (but not you)
taua – you & I	rātou – all of them
māua – he & I	Use “a” (before a name)
kōrua – you two	Or use “Ko” (before a name) when starting or naming a lot of people – Ko Thomas, ko Johnny rātou ko Richard.
rāua – them two	

Ngā

Rerenga Tīmatanga (Sentence Beginnings)

I tētahi wā	Once upon a time
I tētahi pō	One night
Akuanei	Soon / Presently
Ā tērā rā	One day
Ahakoā	Although
Arā	Namely / In other words
Arā kē a (Hemi)	There is (Hemi)
E ai kī ngā (koroua)	According to the (elder men)
Engari	But
Ināianeī	Now / At the present time
I ahatia?	What happened
I te mutunga	In the end
Ā te mutunga	When it ends
I te tīmatanga	In the beginning
Nō muri mai	After this
Nō te mea	Because
Nō naianeī	From now
Pā mai te rongō	The news arrived
Parekareka tana mahi	What he did was great
Pēnei tonu ia	This is how he was
Rite tonu ia ki (tōna Pāpā)	He/She is just like (his father)
Rerekē te āhua	It was different
Tērā pea	Maybe, perhaps
Kātahi	Then
Waihotia	Leave it

Ko Tōku Ake Whakaaro (Offering My Opinion)

Ko tōku whakaaro ka...	I think...
Ko tōku whakapono ko....	I believe
Ki tōku nei mōhio	In my opinion

Ngā Rerenga Kōrero hai awahina i te taura ki te whakatakoto i ngā kōrero. (Helpful phrases for students to write their kōrero) Do not forget to use the online maori dictionary to help you find adjectives and verbs.

Te Reo Māori	English translation
I maranga au i te ____ (time you woke up) karaka i te ata/ahiahi.	I woke up at ____ o'clock in the morning/afternoon.
Kotahi, rua, toru, whā, rima, ono, whitu, waru, iwa tekau.	One, two, three, four, five, six, seven, eight, nine, ten.
Haurua mai i te __ (time)	Half past ____
Hauwhā mai i te ____ (time)	Quarter past ____
Hauwhā ki te __ (time)	Quarter to __.
I kai au i te _____, te _____, te _____, me te _____ mō te parakuihi.	I ate, _____, _____, _____, and _____ for breakfast.
I whakatika au i taku moenga.	I made my bed.
I horoi au i taku kanohi me te hōpa.	I washed my face with soap.
I whakapai au i toku whare.	I cleaned my house.
I kōrero māua ko tōku _____ i tēnei ata.	My _____ (mum, dad, brother, sister) spoke this morning.
I haere au ki te toa ki te hokohoko i te _____, te _____, te _____, me te _____.	I went shopping to buy _____, _____, _____, and _____.
Kua _____ te wairua o toku whānau i tēnei `wā.	My family is feeling _____ at this time.
Kei te noho _____ (adj) toku mirumiru i tēnei wā.	My bubble is _____ (adj) at this time.
E hiahia ana au ki te kite i aku hoa, hēoi, e kore nei au e taea te puta i taku mirumiru haumarau.	I really want to see my friends, however, I am not allowed to venture outside of my safety bubble.
I mahi au i taku mahi _____ i te pō rā.	Last night, I did my _____ work.
Ingarihi	English
Pāngarau	Maths
Pūtaiao	Science
Hāngarau	Technology
Mahi Toi	Art
Tikanga-ā-iwi	Social Studies
Kua pau taku hau.....	I am exhausted.
Kua hoha ahau....	I am annoyed.
Kāre he kaupapa tua atu i te noho kotahi o tōku whānau.	There is nothing like spending time with my family.
Āhua wheo kē ngā pānga o te mate urutaa ki runga i te takiwā nei o Tamaki Makaurau.	Its pretty 'buzzy' the effect covid is having on Auckland....
I mātakitaki au i te hotaka o _____ i te ra nei.	Today I watched the programme _____.
Ko tōku tino kiriata, ko te _____.	My favourite movie is _____.
I haere au mō taku hīkoi i te ata nei.	I went for my walk this morning.
He maroke noa te noho kāinga nei.	Its so boring having to stay home....
Kua koretake taku tuakana/teina/tungane/tuahine ki te mahi o te kainga.	My elder/younger brother/sister is useless at doing housework.
Kei te whiti mai te rā!	The sun is shining.
Kei te patere mai te ua.	The rain is pouring down.
He rā kapua tēnei.	It is a cloudy day.

He rā paki tēnei.	It is a fine day.
Aue te makariri i te rangi nei.	It is cold today.
Kei te pupuhi mai te hau.	It is a windy day.....
Kei hea mai a Tamanuite ra?	Where is the sun today?
Me mataara nei au ki te horoi tika i oku ringaringa.	I need to wise up and wash my hands right.
Me kaha nei au ki te tiaki i toku whānau kei tupono uru mai te mate urutaa ki tōku whare.	I must look after my family so that Covid does not enter into my house.
E mokemoke ana ahau ki ōku hoa tata.	I miss my close friends.
Kua mahi au i oku mahi katoa.	I have done all my work.
Kei te kimi au i taku _____(noun).	I am trying to find my _____.
Kua horoi mātaimai au i te ata nei.	I have washed the dishes this morning.
Kua inu kapu tii/kawhe ahau.	I have drunken my tea/coffee.
Kua hiamoe tonu ahau.	I am still tired.
He pai ake te noho ki te kāinga ki te haere ki te kura.	Staying at home is a lot better than going to school.

HAAKINAKINA

Ngā Kēmu o te noho kainga *Activities to play or do while at home*

He wā Inoi – *Time for Prayer*

Every morning at 8.30am or whenever you wake up, you could conduct karakia with whānau, friends or by yourself as Puutake do in Te Pou Herenga Waka every day. Also, at the end of your day you can conduct our Karakia whakamutunga.

Hikoi te hikoi - *Get your Walk on*

As a whānau or by yourself, take this opportunity to walk around your neighbourhood. Remember to maintain social distancing and to wear appropriate footwear. Also, unfortunately playgrounds are closed so

Kaha te Kata - *Try Not to Laugh Challenge*

Gather around the living room or share you screens over Zoom and play your favourite funny YouTube videos. If someone starts to laugh, they get a point against them. Keep track of the points and the person with the least amount is the winner.

Te Huna Tuhituhi - *Blindfolded Drawing Challenge*

Unless you're the artist of your group, drawing can already be tough. Trying to draw without even seeing what is already on the paper is even harder. Make a friend put on a blindfold and give them something to draw (a rakau, your friend, waka, marae, etc) and see the hilarious results.

Te Tangi o te Manu - *Riff Off Challenge*

Based off of the legendary scene from Pitch Perfect, gather your friends and have your own Riff Off. The rules are the same as the movie: pick a category, sing a song that fits it, and the next person/team must start their song with the same word that the last person/team sang. If no one can join in after a minute, the current singer is the winner.

Haumaruru te noho - *Stay Safe*