



**JAMES COOK**  
HIGH SCHOOL

# **Learning Menu**

# **COVID Lockdown**

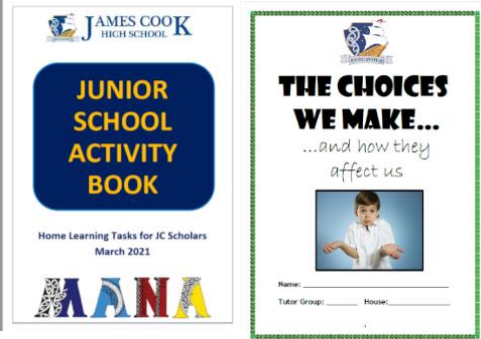
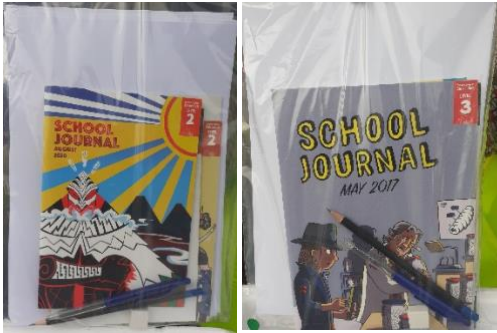

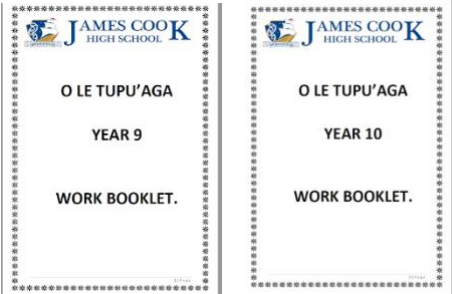
**01 - 05 March 2021**

The following Year 9 and Year 10 resources are available for pick-up at James Cook High School from Monday 01 March.

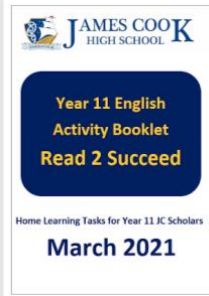
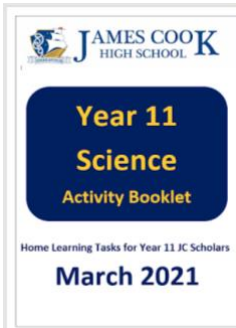
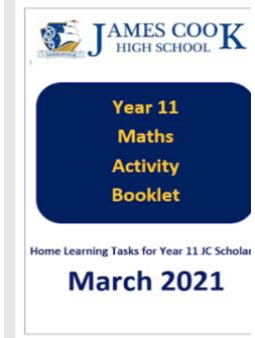


All paper-based resources will also be available on our website, alongside other useful or helpful links.

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# Year 9 and 10

Year / Group	Description of work available	
Year 9 & 10 Mainstream	<p>Two paper workbooks.</p> <ol style="list-style-type: none"> <li><b>Junior School Activity Book:</b> thinking tools' for (Eng / Mat / Sci / Soc / HPE / Performing Arts / Visual Arts).</li> <li><b>MANA based booklet</b> entitled: "The Choices we make..."</li> </ol>	 <p>The image shows two booklets. The first is the 'Junior School Activity Book' with a blue cover and the text 'Home Learning Tasks for JC Scholars March 2021'. The second is 'The Choices We Make... and how they affect us' with a white cover and a photo of a boy.</p>
Year 9 & 10 Junior Integrated Programme (JIP)	<p><i>(individualised student learning packs, as per phone call and/or email/text)</i></p>	 <p>The image shows two 'School Journal' covers. The first is for February 2017 with a colorful abstract design. The second is for May 2017 with a cartoon illustration of a boy and a girl.</p>
Year 9 & 10 Puutake	<p>This booklet contains tasks for four learning areas. These are;</p> <ul style="list-style-type: none"> <li>- Hauora</li> <li>- Te Reo Māori</li> <li>- Te Reo Ingarihi</li> <li>- Hakinakina</li> </ul>	 <p>The image shows a booklet cover with the text 'Puutake Tau 9 &amp; 10 He Mahinga Kainga Noho Mohoao' and 'Home Learning Tasks for Year 9 &amp; 10 Puutake Scholars March 2021'.</p>
Year 9 & 10 O le Tupu'aga	 <p>The image shows two workbooks. The first is for Year 9 and the second is for Year 10. Both have the text 'O LE TUPU'AGA' and 'WORK BOOKLET.' on a white background with a decorative border.</p>	

# Year 11

Year/Group	Description of work available		
Year 11 Mainstream	<p><b>English:</b> “Read 2 Succeed” requires learners to read a text entitled ‘Labour of Love’. Use the 3 Level Guide for this reading and complete the entry template. Completing this task accurately could contribute to a Level 1 English assessment.</p> 	<p><b>Science:</b> There are two contexts for learners to work on in Science. The two contexts are; Acids &amp; Bases &amp; Horticulture.</p> 	<p><b>Maths:</b> The Maths booklet contains Chapter 1 of a 3 Chapter Level 1 ‘Managing Income’ Unit Standard.</p> 
Year 11 Puutake	<p>This booklet contains tasks for four learning areas. These are;</p> <ul style="list-style-type: none"> <li>- Hauora</li> <li>- Te Reo Māori</li> <li>- Te Reo Ingarihi</li> <li>- Hakinakina</li> </ul>		
Year 11 Senior Integrated Programme (1SIP)	<p>“Looking After Me” workbook. Personal wellbeing and healthy Living focus.</p>		

# Year 12 & 13

## Faculty: English



### Year 12 (Level 2)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L2 English	2ENG	Writing/ Literature study/ Response writing	Google classroom	<a href="mailto:r.singh@jchs.school.nz">r.singh@jchs.school.nz</a> <a href="mailto:j.hartstone@jchs.school.nz">j.hartstone@jchs.school.nz</a>
L2 English Communication	2ENC	Writing	Google classroom	<a href="mailto:p.ramiah@jchs.school.nz">p.ramiah@jchs.school.nz</a> <a href="mailto:j.craig@jchs.school.nz">j.craig@jchs.school.nz</a> <a href="mailto:s.prasad@jchs.school.nz">s.prasad@jchs.school.nz</a>

### Year 13 (Level 3)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L3 English	3ENG	Literature and writing	Google classroom	<a href="mailto:j.hartstone@jchs.school.nz">j.hartstone@jchs.school.nz</a> <a href="mailto:j.love@jchs.school.nz">j.love@jchs.school.nz</a>
L3 English Communication	3ENC	Writing	Google classroom	<a href="mailto:p.ramiah@jchs.school.nz">p.ramiah@jchs.school.nz</a> <a href="mailto:r.allen@jchs.school.nz">r.allen@jchs.school.nz</a>

# Faculty: Health & Physical Education



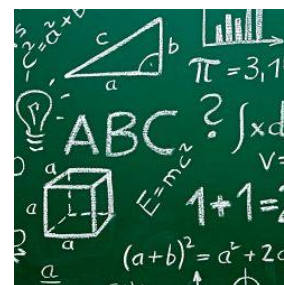
## Year 12 (Level 2)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Teacher Email
L2 Physical Education	2PHE	Bone and Muscle identification	Google classroom	<a href="mailto:c.khun@jchs.school.nz">c.khun@jchs.school.nz</a>
L2 Sport Leadership	2SPL	ABL and Goal setting	Google Classroom - powerpoint resource and student workbook	<a href="mailto:l.jansen@jchs.school.nz">l.jansen@jchs.school.nz</a>
L2 Outdoor Education	2OED	Learning about Risk Management (fundamentals)	Google Classroom task instructions and powerpoint resource	<a href="mailto:g.stedman@jchs.school.nz">g.stedman@jchs.school.nz</a>
L2 Health	2HEA	Continuing with SMART Goal Setting	Google Classroom 2.3 task sheet and powerpoints on goal setting	<a href="mailto:a.naidu@jchs.school.nz">a.naidu@jchs.school.nz</a>

## Year 13 (Level 3)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Teacher Email
L3 Physical Education	3PHE	Overview of Anatomy & Biomechanics. Motor skill learning and skill acquisition.	Google Classroom powerpoints and online tasks/activities	<a href="mailto:p.tuafafo@jchs.school.nz">p.tuafafo@jchs.school.nz</a>
L3 Sport Leadership	3SPL	Exercise Prescription - Anatomy, Biomechanics	Google Classroom, online resources.	<a href="mailto:J.Blackwell@jchs.school.nz">J.Blackwell@jchs.school.nz</a>
L3 Health	3HEA	<ul style="list-style-type: none"> <li>•Introduction to Big Ideas in Health Education..</li> <li>•Glossary and key terms</li> <li>•Determinants of Health</li> <li>•Investigating Health issues</li> </ul>	Google Classroom powerpoints, online tasks/activities	<a href="mailto:p.tuafafo@jchs.school.nz">p.tuafafo@jchs.school.nz</a>
L3 Adventure	3ADV	Continuing with Risk Management Strategies specific to People, Equipment and Environment	Google Classroom	<a href="mailto:g.stedman@jchs.school.nz">g.stedman@jchs.school.nz</a>

# Faculty: Mathematics



## Year 12 (Level 2)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L2 Maths	2MAT	Statistical Inferencing	Google classroom. Walker Maths workbook	Check with Mrs Nadan: <a href="mailto:d.nadan@jchs.school.nz">d.nadan@jchs.school.nz</a>
L2 Maths Applied	2MAP	Simulations	Google classroom. JCHS workbook	Check with individual teacher <a href="mailto:v.deo@jchs.school.nz">v.deo@jchs.school.nz</a> <a href="mailto:f.fidow@jchs.school.nz">f.fidow@jchs.school.nz</a>

## Year 13 (Level 3)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L3 Maths with Calculus	3MAC	Linear Programming	Google Classroom Mr Fenn's online tutorials - see planning sheet on google drive. Walker Maths workbook	Check updates from Mr Fenn: <a href="mailto:p.fenn@jchs.school.nz">p.fenn@jchs.school.nz</a>
L3 Maths with Statistics	3MAS	Bivariate Data	Google classroom JCHS workbook	Check updates from Mrs Govender: <a href="mailto:r.govinder@jchs.school.nz">r.govinder@jchs.school.nz</a>
L3 Maths Applied	3MAP	Bivariate Data	Google classroom JCHS workbook	Check updates from Mr Jan or Mr Prasad <a href="mailto:M.Jan@jchs.school.nz">M.Jan@jchs.school.nz</a> <a href="mailto:b.prasad@jchs.school.nz">b.prasad@jchs.school.nz</a>

# Faculty: Social Sciences



## Year 12 (Level 2)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L2 Commerce	2CMC	Demonstrate knowledge of consumerism	Google classroom	Check with individual teacher <a href="mailto:c.chand@jchs.school.nz">c.chand@jchs.school.nz</a> <a href="mailto:d.sami@jchs.school.nz">d.sami@jchs.school.nz</a>
L2 Business Studies	2BST	Conduct market research for a new or existing product	Google Classroom	Check with individual Teacher <a href="mailto:d.sami@jchs.school.nz">d.sami@jchs.school.nz</a> <a href="mailto:r.sharma@jchs.school.nz">r.sharma@jchs.school.nz</a>
L2 Geography	2GEO	A mixture of 2.4 (Skills) and 2.7 (Global Issue – Malaria)	Google Classroom	Check with individual Teacher <a href="mailto:a.pillay@jchs.school.nz">a.pillay@jchs.school.nz</a>
L2 History	2HIS	Invasion of Parihaka	Google Classroom	Check with individual Teacher <a href="mailto:e.siono@jchs.school.nz">e.siono@jchs.school.nz</a>
L2 Tourism	2TOU	Demonstrate knowledge of Destination New Zealand	Google Classroom: Combined classes (teachers will do collaborative teaching)	Check with individual Teacher <a href="mailto:a.pillay@jchs.school.nz">a.pillay@jchs.school.nz</a> <a href="mailto:m.iki@jchs.school.nz">m.iki@jchs.school.nz</a>

## Year 13 (Level 3)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L3 Commerce	3CMC	Demonstrate knowledge of the development of the New Zealand Legal system	Google Classroom	Check with Teacher <a href="mailto:c.chand@jchs.school.nz">c.chand@jchs.school.nz</a>
L3 Business Studies	3BST	Develop a marketing plan for a new or existing product	Google Classroom	Check with Teacher <a href="mailto:r.sharma@jchs.school.nz">r.sharma@jchs.school.nz</a>
L3 History	3HIS	The murder of Emmett Till	Google Classroom	Check with Teacher <a href="mailto:r.agent@jchs.school.nz">r.agent@jchs.school.nz</a>
L3 Tourism	3TOU	Identify and Explain the cultural significance of natural and man-made attractions in Tourism Maori.	Google Classroom: Combined classes (teachers will do collaborative teaching)	Check with individual Teacher (PL/KU) <a href="mailto:a.pillay@jchs.school.nz">a.pillay@jchs.school.nz</a> <a href="mailto:p.kaituu@jchs.school.nz">p.kaituu@jchs.school.nz</a>



# Faculty: Sciences

Year 12 (Level 2)



Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L2 Science	2SER	Adaptations of Emperor Penguins to Antarctica	Google Classroom Resource sheets Skill of highlighting, writing in own words and inserting notes. Electronic LogBook	Teacher:Ve <a href="mailto:r.veeran@jchs.school.nz">r.veeran@jchs.school.nz</a>
L2 Horticulture	2HOR	Sow seeds and monitor germination	Google Classroom Resource Sheets Power points Discuss what the standard entails. Find information to understand the Health and Safety Act of 2015. Understand the Health and Safety risks applicable to the course and standard.	Teacher: Am Course time split with Level 3 HOR. 30 minutes each. <a href="mailto:a.adams@jchs.school.nz">a.adams@jchs.school.nz</a>
L2 Biology	2BIO	Microscope Work Plant and Animal Cells	Google Classroom Resource Sheets Power points Rules for drawing biological diagrams. Structural suitability of specimens. Differences between plant and animal cells. Revise the week's work.	Teacher: Ks/Nj <a href="mailto:n.krishna@jchs.school.nz">n.krishna@jchs.school.nz</a> <a href="mailto:j.naidu@jchs.school.nz">j.naidu@jchs.school.nz</a>
L2 Chemistry	2CHE	Redox Chemistry	Google Classroom Beginning Chemistry workbook. Define oxidation and Reduction. Calculation of oxidation number.Redox Half equations and rules to balance	Teacher:Sr <a href="mailto:n.sharma@jchs.school.nz">n.sharma@jchs.school.nz</a>
L2 Physics	2PHY	Atomic Physics and Radioactivity	Google Classroom Resource Sheets Learncoach Power points Key concepts Revision Exercises	Teacher:De <a href="mailto:v.deo@jchs.school.nz">v.deo@jchs.school.nz</a>

## Year 13 (Level 3)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L3 Biology	3BIO	Taxes and Kinesis. Behaviour of Porcellio Scaber	Google Classroom Resource Sheets Powerpoints Discussion of collection of P. scaber, constructing of choice chambers, collecting and processing captured data	Teacher: Ve <a href="mailto:r.veeran@jchs.school.nz">r.veeran@jchs.school.nz</a>
L3 Chemistry	3CHE	Redox Reactions	Google Classroom Learncoach Teach and review work on Redox Reactions Scipad Workbook. Complete and Review Homework Questions.	Teacher: Ab <a href="mailto:e.ambekar@jchs.school.nz">e.ambekar@jchs.school.nz</a>
L3 Physics	3PHY	Atomic Models	Google Classroom Learncoach Workbook. Formula and Practise . Bohr and Rutherford's Model of the Atom Quantised energy of Electrons. Practise Questions	Teacher: Fn <a href="mailto:a.farahan@jchs.school.nz">a.farahan@jchs.school.nz</a>
L3 Science	3SCI	Homeostasis Thermoregulation in Humans	Google Classroom Resource Sheets Powerpoints Discussion of set point temperature. Heat gain and how the body reacts to it. Heat loss and how the body reacts to it	Teacher: Nj <a href="mailto:j.naidu@jchs.school.nz">j.naidu@jchs.school.nz</a>
L3 Horticulture	3HOR	Identify Annuals, Biennials, herbaceous perennials, bulbs and their uses	Google Classroom Health and Safety work acts.2015. Definition of Act Managing Health and Safety Risks. Discuss face time with students the Health and safety Work Act and how it is applicable to the course and topic.	Teacher: Am <a href="mailto:a.adams@jchs.school.nz">a.adams@jchs.school.nz</a>

# Faculty: Technology

Year 12 (Level 2)



Course	Course Code	Topic / focus	Type of resource (eg: Google Classroom / Zoom)	Other information
L2 Hospitality	2HOS	Knife skills And knife cuts	Google Classroom	Visual work-watch how chefs cut fruit and vegetables - prepare students for practical when they return. <a href="mailto:m.honey@jchs.school.nz">m.honey@jchs.school.nz</a> <a href="mailto:p.chaitwa@jchs.school.nz">p.chaitwa@jchs.school.nz</a>
L2 Mechanical Engineering	2MEC	Machining operations in the workshop	Google classroom	Research towards project work <a href="mailto:r.taylor@jchs.school.nz">r.taylor@jchs.school.nz</a>
L2 Construction Technology	2CON	Safety/Tools/ Timber and materials	Google Classroom	Will lead to US 24360 <a href="mailto:j.singh@jchs.school.nz">j.singh@jchs.school.nz</a>
L2 Digital Technology	2DTE	AS91890: Conduct an inquiry to propose a digital technologies outcome.	Google Classroom	Making a standardised template across MO and DT Y12 classes <a href="mailto:s.dyer@jchs.school.nz">s.dyer@jchs.school.nz</a> <a href="mailto:K.MontroseArnold@jchs.school.nz">K.MontroseArnold@jchs.school.nz</a>

Year 13 (Level 3)

Course	Course Code	Topic / focus	Type of resource (eg: Google Classroom / Zoom)	Other information
L3 Hospitality	3HOS	US17569: Culinary terms and products	Google Classroom	Research unit of work <a href="mailto:m.honey@jchs.school.nz">m.honey@jchs.school.nz</a>
L3 Mechanical Engineering	3MEC	Compressed air engine	Google classroom	Research towards project work <a href="mailto:r.taylor@jchs.school.nz">r.taylor@jchs.school.nz</a>
L3 Construction Technology	3CON	US 29678 Materials	Google classroom	Will lead to design L3 BCATS program. <a href="mailto:m.ratnum@jchs.school.nz">m.ratnum@jchs.school.nz</a>
L3 Digital Technology	3DTE	AS91900 Conduct a critical inquiry to propose a digital technologies outcome	Google Classroom	Using the standardised Y13 template as only difference is 'Critical' which at this time is not 'critical'. <a href="mailto:c.arnold@jchs.school.nz">c.arnold@jchs.school.nz</a>

# Faculty: The Arts



Year 12 (Level 2)

Maureen Lander, Wai o te Marama (2004)..

Course	Course Code	Topic / focus	Type of resource (eg: Google Classroom / Zoom)	Other information
L2 Dance	2DNC	'Cultural Dance' - Sasa	Google Classroom (video) / Google Meet	Will lead to Achievement Standard 91207 <a href="mailto:m.saunders@jchs.school.nz">m.saunders@jchs.school.nz</a>
L2 Drama	2DRA	Physical Theatre - 'To be or not to be'	Google Classroom/Zoom	Will lead to Achievement Standard 91216 <a href="mailto:S.Maybury@jchs.school.nz">S.Maybury@jchs.school.nz</a>
L2 Painting	2PAI	Self Portraits/refining theme	Google Classroom/Zoom	Teacher: AF Will lead to 2.1 research standard if need be. <a href="mailto:j.atafu@jchs.school.nz">j.atafu@jchs.school.nz</a>
L2 Cultural Art	2CUA	Pacific adornment/ celebrations & ceremonies within their culture	Google Classroom/ Zoom	Teacher: AF Will lead to 2.1 research standard if need be <a href="mailto:j.atafu@jchs.school.nz">j.atafu@jchs.school.nz</a>
L2 Photography	2PHO	Identity Brainstorming and Photographic Conventions	Google Classroom/ Zoom	Teacher: LA Will lead to 2.1 research standard if need be <a href="mailto:K.Leilua@jchs.school.nz">K.Leilua@jchs.school.nz</a>
L2 Printmaking	2PRI	Printmaking Techniques / Artist examples	Google Classroom/ Zoom	Teacher: OK Will lead to 2.1 research standard if need be <a href="mailto:p.orourke@jchs.school.nz">p.orourke@jchs.school.nz</a>
L2 Music	2MUS	Canvas: Online music mixing	Google classroom links to Canvas platform	Teacher: BR <a href="mailto:r.berryman@jchs.school.nz">r.berryman@jchs.school.nz</a>

# Faculty: The Arts



Year 13 (Level 3)

Course	Course Code	Topic / focus	Type of resource (eg: Google Classroom / Zoom)	Other information
L3 Dance	3DNC	'Insecurities / Appearance'	Google Classroom / Google Meet	Will lead to Achievement Standard 91591 <a href="mailto:m.saunders@jchs.school.nz">m.saunders@jchs.school.nz</a>
L3 Drama	3DRA	Physical Theatre - 'To be or not to be'	Google Classroom	Will lead to Achievement Standard 91515 <a href="mailto:S.Maybury@jchs.school.nz">S.Maybury@jchs.school.nz</a>
L3 Painting	3PAI	Artist Models and examples. How I use them in my own approach	Google Classroom/ Zoom	Teacher: GR Will lead to 3.1 research AS if need be. <a href="mailto:A.Grewal@jchs.school.nz">A.Grewal@jchs.school.nz</a>
L3 Cultural Art	3CUA	Artist Models and examples. Drawing	Google Classroom/ Zoom	Teacher: RC Will lead to 3.1 research AS if need be. <a href="mailto:A.Riches@jchs.school.nz">A.Riches@jchs.school.nz</a>
L3 Photography	3PHO	Taking photos with a camera or phone. Artist models and examples.	Google Classroom/ Zoom	Teacher: RC Will lead to 3.1 research AS if need be <a href="mailto:A.Riches@jchs.school.nz">A.Riches@jchs.school.nz</a>
L3 Printmaking	3PRI	Printmaking techniques/ Artist examples	Google classroom/ Zoom	Teacher: OK Will lead to 3.1 research AS if need be. <a href="mailto:p.orourke@jchs.school.nz">p.orourke@jchs.school.nz</a>
L3 Music	3MUS	Canvas online music mixing	Google Classroom has the link to Canvas platform	Teacher: BR <a href="mailto:r.berryman@jchs.school.nz">r.berryman@jchs.school.nz</a>

# Languages: Samoan

Year 12 and 13 (Level 2 / 3)



Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L2 Samoan	2SAM	O lou faasinomaga. My identity. Research on your family names. Village council, roles and responsibilities. Cultural and religious beliefs.	Google classroom Research on your family names, village councils, seatings.	<a href="mailto:f.seumanutafa@jchs.school.nz">f.seumanutafa@jchs.school.nz</a>
L3 Samoan	3SAM	O lou faasinomaga. My identity. Research on your family names, roots, village councils and seatings. Chiefs and orators roles and responsibilities/ gender roles.	Google classroom. Research on your family names, roots, village councils. The seatings according to their roles.(gender role within the village seatings.	<a href="mailto:f.seumanutafa@jchs.school.nz">f.seumanutafa@jchs.school.nz</a>

# Languages: Tongan

Year 12 and 13 (Level 2 / 3)

Course	Course Code	Topic / focus	Type of resource (eg: Google Classroom / Zoom)	Other information
L2 Tongan	2TON	Preparing draft of formal speech. Preparing for delivery of.	Google Classroom	<a href="mailto:f.ketuu@jchs.school.nz">f.ketuu@jchs.school.nz</a>
L3 Tongan	3TON	Preparing draft of formal speech. Preparing for delivery of.	Google Classroom	<a href="mailto:f.ketuu@jchs.school.nz">f.ketuu@jchs.school.nz</a>

## Faculty: Puutake



### Year 12 (Level 2)

Course	Course Code	Type of resource (eg: workbook)	Other information
L2 Te Reo Maori	2TRM	Google Classroom	<a href="mailto:c.pahi@jchs.school.nz">c.pahi@jchs.school.nz</a>
L2 Te Ara Poutama	2TAP	Google classroom	<a href="mailto:h.matua@jchs.school.nz">h.matua@jchs.school.nz</a>

### Year 13 (Level 3)

Course	Course Code	Type of resource (eg: workbook)	Other information
L3 Te Reo Maori	3TRM	Google Classroom	<a href="mailto:h.matua@jchs.school.nz">h.matua@jchs.school.nz</a>
L3 Te Ara Poutama	3TAP	Google Classroom	<a href="mailto:h.matua@jchs.school.nz">h.matua@jchs.school.nz</a>

## Service Academy



### Year 12 (Level 2)

Course	Course Code	Topic / focus	Type of resource (eg: workbook)	Other information
L2 Service Academy	2SER	English Unit	Google Classroom	<a href="mailto:r.rolleston@jchs.school.nz">r.rolleston@jchs.school.nz</a>
Core Value	3CVS	Unit 4251	Google Classroom	<a href="mailto:j.brown@jchs.school.nz">j.brown@jchs.school.nz</a>

# EMERGENCY NUMBERS

NEED SOME HELP?? CHECK OUT THESE PLACES

[www.thelowdown.co.nz](http://www.thelowdown.co.nz)

Need to talk? (24 hour counselling text or call)	1737
Youthline	0800 376 633 / Text free 234
Depression Helpline	0800 111 757 / Free text 4202
Anxiety Helpline	0800 111 757
WHAT'S UP ( <a href="http://www.whatsup.co.nz">www.whatsup.co.nz</a> (Online chat)	0800 942 8787
Suicide Prevention Helpline (0508TAUTOKO)	0508 828 865
Rainbow Youth (Queer Support) <a href="http://www.ry.org.nz">www.ry.org.nz</a>	09 376 4155
Netsafe (text/cyberbullying)	0508 638 723
Samaritan (24/7 Counselling support)	0800 726 666
Family Services ( <a href="http://www.familyservices.govt.nz">www.familyservices.govt.nz</a> )	0800 211 211
Healthwise	0800 358 5453
Counsellor Amy and/or (Rayleen / Youth Worker)	Facebook / Messenger

In the event of an emergency, where time is critical call:

**111**

**Ask for the Police**