

## Learning at home key messages for former refugee and migrant families

- Term 2 sees the start of teaching and learning from home for children and young people.
- Most schools are already set up to deliver distance learning and would have been in touch with you to let you know how they will deliver and support your child's learning at home.
- Your child's teacher will have a plan for learning at home – you aren't expected to replace the teacher. Remember that teachers are also learning how to work from home and will have their own schedule and families to manage.
- If we are at Alert level 3, please keep your children learning at home, unless there is no one in your bubble who can care for them if you need to go to work.
- If you have any issues or are concerned about your child's learning at home, you should contact your child's school in the first instance. If you have difficulty contacting your child's school and the teacher doesn't contact you, please get in touch with your nearest office of Ministry of Education.

## Supporting wellbeing at home

While you may be concerned about your child's learning during this time, we also would like you to think about your and your family's wellbeing.

Some useful tips to support your wellbeing

- Stay calm and reassure yourself and your children that we are all doing the best we can in these unusual times.
- Learning happens in every language. If your home language is a language other than English, use that language when communicating with your child. You can use your home language to talk about activities provided and the activity can be completed in English (or in your home language).
- Focus on things you can do to keep yourselves healthy, happy and active such as, keeping up the hygiene, running in the backyard, jumping, dancing, and gardening.
- Do activities together – do a puzzle, listen to your child's reading, cook together, and connect with friends and families online.
- Talking is an extremely valuable way of learning. Talk with your child about the activities you are doing; explain why you do things in a particular way; encourage questions. If you don't know the answer, find out together.
- One day at a time –structure your time for different activities and establish routines. Invite your children to come up with ideas. Include opportunities for them to try different learning activities. These might be sent from school, be things they enjoy, or activities you decide together that would be good to do at home. Don't push your child if they seem overwhelmed.
- When in doubt, seek clarification from your school/teacher, other families and friends and your family supporter.

## Supporting learning at home

In addition to the distance learning programme prepared by your school, there are other options for learning from home.

- **Television channel**  
From 15 April, you can tune in to Home learning | Papa Kāinga TV, the education broadcasting for early learners and students in Years 1-10 from 9am to 3pm on schooldays.
- Home Learning | Papa Kāinga TV is free to air, on TVNZ channel 2+1 and on TVNZ on Demand, as well as on Sky Channel 502.

Content is grouped for early learners and students by age range. This includes play, literacy, mathematics, science, te reo Māori, and physical education and wellbeing. Material is presented by experienced teachers, presenters and wellbeing and movement professionals.

- **Online resources:** <https://learningfromhome.govt.nz/>  
This website has resources for parents and families, teachers and leaders spanning early learning through senior high school. Talk to your teacher about what resources are right for your child.
- **Hard copy learning packs**  
Not all students will be sent home learning packs. Depending on the learning programme relevant for your child, you may receive hard copies of learning materials to support learning, delivered to your home. Your teacher will advise how to use the material.
- **Internet and devices**  
Your school will be in touch with you if additional devices and internet connectivity is needed as part of your distance learning programme. If you are not sure whether your child needs an additional electronic device, please contact your school.