

Health Education

Level 2

Course Requirements:

This course requires much commitment and independent work throughout the year. Assignment completion will require additional focus outside of the classroom and commitment to complete homework. Level 1 literacy is required.

Aims:

This course aims to investigate and apply the fundamental concepts of Health which will be used throughout the year. Students will be given the opportunity to learn about factors which influence people's sexuality and gender such as the media, culture, advertising etc. Students will also analyse gender roles and expectations and how these can affect relationships. Students will be given the opportunity to learn about how resiliency (people's ability to cope with change) enables people to cope with life changes (either positive or negative) through interviewing role models in their own lives. Students will be given the opportunity to learn about the processes of health promotion, action planning, and documenting the implementation of a plan (by keeping a log book and writing a report). Taking action requires students to identify an issue that affects well-being, develop a coherent plan to improve well-being, implement the plan and reflect on the implementation of the plan. Students will be given the opportunity to analyse why alcohol, sexual health and stress are issues for adolescents in New Zealand. We will look at influencing factors, the consequences associated with each issue, and strategies which aim to help adolescents make healthier choices in relation to these three issues.

Course Content:

Module 1: Health Concepts (foundation learning – not assessed)
Module 2: Sexuality & Gender
Module 3: Managing Change
Module 4: Community Action

Where can this subject take you?

This subject pathways into L3 Health Studies. It also compliments Physical Education at Level 2 and 3. Career pathways may include the health sector, physical education and health teaching and social services.

Further Assessment Opportunity and Resubmission (Refer to student Handbook for more information)

A further assessment opportunity occurs after you have submitted work / sat a test for an assessment; you do a new assessment after further learning has taken place. For this course there will be one further assessment opportunity for each standard. A resubmission can be offered to you by the teacher if they believe you can correct errors or omissions in your work in a short period of time; it does not involve a new assessment. A resubmission must take place before the teacher gives any feedback on the work done. There can be only one resubmission.

Appeals (Please refer to student Handbook for more information)

If you are unhappy with any of your results you should discuss this with your teacher. If you are still unhappy then an Appeals form should be completed; this is available from the HoF; forms need to be completed and returned to your HoF within 5 school days of receiving your grade. If you are still not happy you can then see the Principal's Nominee. At NO time, during this process, should you contact NZQA.

Head of Faculty

Ms Reiri j. reiri@jchs.school.nz

Assessment Chart

Number	Title	Credits	US/AS	Internal/ External	Format	Literacy	Numeracy	Indicative date
91236	Evaluate factors that influence people's ability to manage change.	5	AS	Int	Visual Display	L1		Term 1
91237	Take action to enhance an aspect of people's well-being within the school or wider community	5	AS	Int	Report and Action	L1		Term 2
91239	Analyse issues related to sexuality and gender to develop strategies for addressing the issues.	5	AS	Int	Report	L1		Term 3

Entry into externals will be based on:

Successful and timely completion of the internal achievement standards by the end of term 3, to enable term 4 preparation for the external exam.