Health Level 1

# **Course Requirements:**

If you are into Health and well-being this is the course for you. In Level 1 Health we develop understanding of the key concepts that were taught in Year 9 & 10 Health.

#### Aims:

Students who wish to improve their understanding of Health and develop their own skills for coping with life's successes and failures.

#### **Course Content:**

Level 1 Health has 5 achievement standards and covers a range of topics which include enhancing well-being, managing change, sexuality, nutrition and drugs. Throughout all topics studied in Health we will use terms such as Hauora, personal, interpersonal and societal influences.

# Where can this subject take you?

Level 1 Health can take you into Level 2 and then Level 3 Health. This subject is suitable for students interested in the careers of Teaching, Nursing, Policing, Social Work, Youth Work, Nutrition, Physiotherapy, Psychiatry and more.

## **Further Assessment Opportunity and Resubmission**

(Refer to student Handbook for more information)

A further assessment opportunity occurs after you have submitted work / sat a test for an assessment; you do a new assessment after further learning has taken place. For this course there will be one further assessment opportunity for each standard. A resubmission can be offered to you by the teacher if they believe you can correct errors or omissions in your work in a short period of time; it does not involve a new assessment. A resubmission must take place before the teacher gives any feedback on the work done. There can be only one resubmission.

#### **Appeals** (Please refer to student Handbook for more information)

If you are unhappy with any of your results you should discuss this with your teacher. If you are still unhappy then an Appeals form should be completed; this is available from the HoF; forms need to be completed and returned to your HoF within 5 school days of receiving your grade. If you are still not happy you can then see the Principal's Nominee. At NO time, during this process, should you contact NZQA.

### **Head of Faculty**

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# **Assessment Chart**

Number	Title	Credits	US/AS	Internal/ External	Format	Literacy	Numeracy	Indicative date
90971	Take action to enhance an aspect of personal well-being	3	AS	Int	Booklet	L1 Lit		Term 1
90974	Demonstrate understanding of strategies to promote positive sexuality	4	AS	Int	Booklet	L1 Lit		Term 3
91097	Demonstrate understanding of ways in which well-being can change and strategies to support well-being.	4	AS	Int	Booklet	L1 Lit		Term 2
90975	Demonstrate understanding of issues to make healthenhancing decisions in drug related situations.	4	AS	Ext	Exam	L1 Lit		Term 4

Entry into externals will be based on:
Attendance of at least 90% and completion of internal assessments throughout year.